

## Product Highlights

- ✓ The product comes in a liquid form that you add directly to your water. Virtually tasteless.
- ✓ Works at the cell membrane level in conjunction with the hypothalamus to promote proper and efficient use of water.
- ✓ Works quickly.
- ✓ Promotes waste elimination across the cell membrane.
- ✓ Promotes energy production and quick recovery.

Homeopathic Tincture

# Optimal Hydration Complex

To assist with Homeopathic Cellular Hydration



4 fl. oz.

**Suggested Dose:**  
15 drops into every liter of water, juice or sports drink that you consume.

**Ingredients:**

SILICEA	3X, 6X, 12X
FOUJSETUM ARVENSE	1X
CALCAREA FLUORICA	8X, 12X
CALCAREA PHOSPHORICA	8X, 12X
KALI MURIATICUM	6X, 12X
KALI PHOSPHORICUM	6X, 12X
KALI SULPHURICUM	6X, 12X
COFFEA TOSTA	1X
TARAXACUM OFFICINALE	1X
GINKO BILOBA	6X
HYPERICUM PERFORATUM	3X

Tamper proof. Do not use if safety seal is broken or missing. Keep out of reach of children. Consult your physician if pregnant or breastfeeding.

Distributed by:  
BioGenix  
Calgary, Alberta, Canada

## Product Highlights

- ✓ Unique to the sport of volleyball.
- ✓ Liquid form for quick and effective absorption.
- ✓ First product to tap into the specific energy systems essential for the optimization of volleyball performance.
- ✓ Promotes power and rapid force generation essential for vertical and hitting.
- ✓ Promotes lactic acid clearance from the muscle.
- ✓ Provides energy for quick, explosive movements, reaction time, and agility.

Homeopathic Tincture

# Optimal Power

Homeopathic Strength and Endurance



4 fl. oz.

**Suggested Dose:**  
During competition: 30-60 drops in water or as directed  
Maintenance: 15-30 drops 2x daily in water or as directed

**Ingredients:**

Acetylcholine	3X, 6X, 12X
Adrenal Sarcode	6C
ATP	3X, 6X, 12X
Calcium Citrate	3X
Limbic Sarcode	6C
Gelsemium Flower Essence	30C
Germanium Sesquioxide	12X
Lactic Acid	3X, 6X, 12X
Larch Flower Essence	30C
Maca (root)	3X
Phosphorus Citrate	3X
Hypothalamus Sarcode	6C
Taraxacum Officinale	30C
Wild Oat Flower Essence	30C
Rhodiola rosea	3X
Cinchona Officinale	3X, 6X, 12X

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## Product Highlights

- ✓ Liquid form, all natural ingredients, and adds to your water directly.
- ✓ Cellular and nutritional enhancement of ionic trace minerals.
- ✓ Provides an OPTIMAL alkaline environment for cellular nutrition.
- ✓ Prevents muscle cramping and promotes muscular recovery.
- ✓ Essential to replace lost electrolytes during competition.

Nutritional Supplement for Dietary Use Only

# Optimal Mineral / Electrolyte



4 fl. oz.

**Supplement Facts**  
40 drops in water, juice, or sports drink.

Ionic Minerals		%USRDA*
Chloride	123 mg	4%
Magnesium	40 mg	10%
Sulfate	12 mg	**
Sodium	less than 6 mg	less than 1%
Potassium	10 mg	less than 1%
Boron	.1 mg	**

\*USRDA (US daily recommended allowance for adults and children over 12)  
\*\* USRDA not established

The following in naturally occurring trace amounts: Boron, Bromide, Calcium Carbonate, Fluoride, Silicon, Nitrogen, Selenium, Phosphorus, Iodine, Chromium, Iron, Manganese, Titanium, Rubidium, Cobalt, Copper, Antimony, Molybdenum, Strontium, Zinc, Nickel, Tungsten, Scandium, Tin, Lanthanum, Yttrium, Barium, Silver, Uranium, Gallium, Zirconium, Vanadium, Beryllium, Tellurium, Bismuth, Hafnium, Terbium, Europium, Gadolinium, Samarium, Cerium, Cesium, Gold, Dysprosium, Holmium, Lutetium, Thulium, Erbium, Neodymium, Praseodymium, Niobium, Tantalum, Thorium, Thallium, Rhenium

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